

HEALTH



WELLNESS

SKIN TREATMENTS

Hydra Viso:

Extraordinary moisturising and nourishing action, specially formulated for dehydrated skin types. Restores hydration, tightens the skin, improves elasticity and protects against free radical damage. Duration: 50 mins - € 60.00

Pureness Viso:

A purifying, soothing, rebalancing and decongestant treatment. Improves the appearance of oily skin and enlarged pores. Duration: 50 mins - € 70.00

Anti-aging Luxury:

An intensive treatment for deeper wrinkles that promotes skin relaxation. Restores the skin's freshness and vitality to reveal an improved overall appearance. Duration: 50 mins - € 70.00

Collagene Luxury:

A deep treatment that helps to stimulate cell renewal. Restores the skin's elasticity and brightness. Duration: 50 mins - € 70.00

Eye and Lips Firming:

Eye and lip contour treatment. Relaxes the eye contour, smoothes wrinkles and reduces the appearance of swelling. Anti-aging. Duration: 35 mins - € 40.00

WATERWAYS

Aqua Relax:

Prelude to exceptional relaxation in the Finnish Sauna, Hammam, Aromarium, Multi-Sensory Showers and Relaxation Lounge. Duration: 120 mins - € 20.00

Classic Ritual:

Your path to wellness with our laconicum (steam bath) calidarium (sauna), multi-sensory shower, sauna, Aromarium and "uplifting scrub": a traditional Turkish bath scrub combining sea salt with essential oils, this is a gentle and pleasant way to exfoliate the body. Finished off with a relaxing whole-body aromatic oil massage. € 80.00

Antistress Ritual:

Your path to wellness with our laconicum (steam bath) calidarium (sauna), multi-sensory shower, sauna and Aromarium; this massage treatment incorporates a quick massage using exfoliating body scrub to purify the skin. Culminates in a relaxing whole-body massage with essential oils to relieve tension. € 90.00

Beauty Ritual:

The chillout begins in the Relaxation Lounge with a hand and foot massage, followed by full use of our wellness amenities - laconicum (steam bath), Turkish bath, multi-sensory shower, sauna and Aromarium - includes a skin or body treatment of your choice. € 110.00

BODY TREATMENTS

Body and Face Scrub:

An exfoliating body and face treatment, rich in sea salt and essential oils to remove layers of dead skin cells. Leaves skin smooth, soft and hydrated. Duration: 75 mins - € 80.00

Body Modelling:

Cellulite, toning, lymphatic drainage and re-elasticising treatments, specifically tailored to focus on the individual problem area. Duration: 50 mins - € 70.00

Hand SPA:

A nourishing, brightening and moisturising treatment that leaves hands pleasantly scented. Duration: 35 mins - € 40.00

Foot SPA:

A revitalising foot treatment for an immediate sensation of relief. Due to its specific action, this treatment reduces swelling and general foot pain and combats extremely dry skin. Duration: 35 mins - € 40.00

TREATMENTS FOR MEN

Skin in Action:

Diminishes fine lines, relieves stress and soothes skin irritated by shaving. Duration: 50 mins - € 70.00

Body Care:

Localised and customised treatments that tone the body and reduce adiposity accumulation. Duration: 50 mins - € 60.00

MASSAGE

Stress Relieving:

This is a specific massage for muscular strain, ideal for relieving tension throughout the body. Actions: firms and reactivates muscle tissue. Duration: 25/ 50 mins - € 40.00 € 80.00

Relaxing:

Gentle and slow, this technique - designed to relieve stress-related tension and purify the body - promotes deep relaxation and psycho-physical rebalance. Duration: 25/ 50 mins - € 40.00 € 80.00

Vodder Method Lymphatic Drainage:

This is a therapeutic massage that drains accumulated fluid by stimulating the lymph system through very slow movements and applying gentle pressure. The Vodder method is the most effective means of manual lymphatic drainage. Duration: 50/ 75 mins - € 60.00 € 90.00

WE ADVISE OUR CUSTOMERS THAT ALL SPA RITUALS, BEAUTY TREATMENTS AND MESSAGES MUST BE RESERVED AT LAST 24 HOURS IN ADVANCE

JUST ONE!

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